LIFT UP Professional Development - Leading Myself

LearnKey's **LIFT UP Professional Development** series is perfect for seasoned, new, or future leaders and those individual contributors who will also lead organizations at every level.

It is a journey, first of self-discovery, then building on skills and competencies that engage and inspire people to reach their potential, and finally, applying skills that produce sustainable, high-performing teams and inclusive cultures.

My Success Drivers

Employee engagement affects just about every important aspect of your organization, including profitability, revenue, customer experience, employee turnover, and more. In this course, you will learn your success drivers and how to use them effectively, including leveraging your strengths and values, managing work stressors, maximizing motivators, and workplace engagement.

Building Self-Trust and Credibility

Throughout this course, you will explore the essence of self-trust and how it is the core of the trust model. You will learn how to identify gaps and strengthen your self-trust. With self-trust as a foundation, you will then explore the qualities that establish credibility and how to develop trusting relationships and positively influence others.

Action Toward Accountability

In this course, you will learn about the essence of accountability, how to establish an accountability mindset, and how to strengthen the behaviors and skills that support action toward accountability. You will be introduced to strategies that will support your personal accountability, which you can then extend to promote a culture of accountability.

Resilience

Resilience is the ability to withstand adversity and bounce back from difficult life events. Being resilient requires a skill set that you can work on and develop over time. Building resilience takes time, strength, and help from people around you; you will likely experience setbacks along the way. It depends on personal behaviors and skills (like self-esteem and communication skills), as well as external things (such as social support and resources available to you).

Effective Communication and Productive Conversations

This course is designed to help you develop strong communication skills in the workplace and facilitate more productive conversations with coworkers. Effective communication is essential to building trust and maintaining successful relationships with colleagues and employees.